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U of M School of Social Work

The Shanti Project



With my partner/spouse, I will:

Ask about expectations—wants, needs, changes.

Listen to thoughts, fears, and wishes.

Support decisions and actions.

Own the changes we make.

The Shanti Project works to strengthen family relationships and prevent domestic violence in the Gujarati community.

I pledge to make my community safer by taking action to prevent domestic violence.

Signature

Date

With someone who is abusive, I will:

Stop hurtful words and actions.

Talk about domestic violence without gossiping.

Offer support—listen and help find alternative ways of communicating.

Pledge to take action and learn more...